

Dear Teacher (name),

My child has a food allergy to nuts, peanut butter, berries, wheat, and dairy products. My child is too young to understand what he is allowed and not allowed to eat at his age, so I am concerned when my child is around other children. Other children concern me because they come in contact with one another, by playing together. Also I am concerned about other parents bringing in food that my child cannot eat. If other parents bring in food my child might be affected if another child shares their peanut butter sandwich with my child or other food that will harm him. I am writing this letter to ask you to help protect my child in your classroom. Again my child cannot have nuts, peanut butter, berries, wheat, and dairy products. Please help me by protecting my child in your classroom. You can do this by sending a letter home to all the parents informing them what foods are safe to send into the classroom. Also you can keep the classroom clean by wiping down the desk and toys in the classroom that all the students touch.

Sincerely,

Parent (name)

